

Horizons

Preschool

Teacher's Guide 2

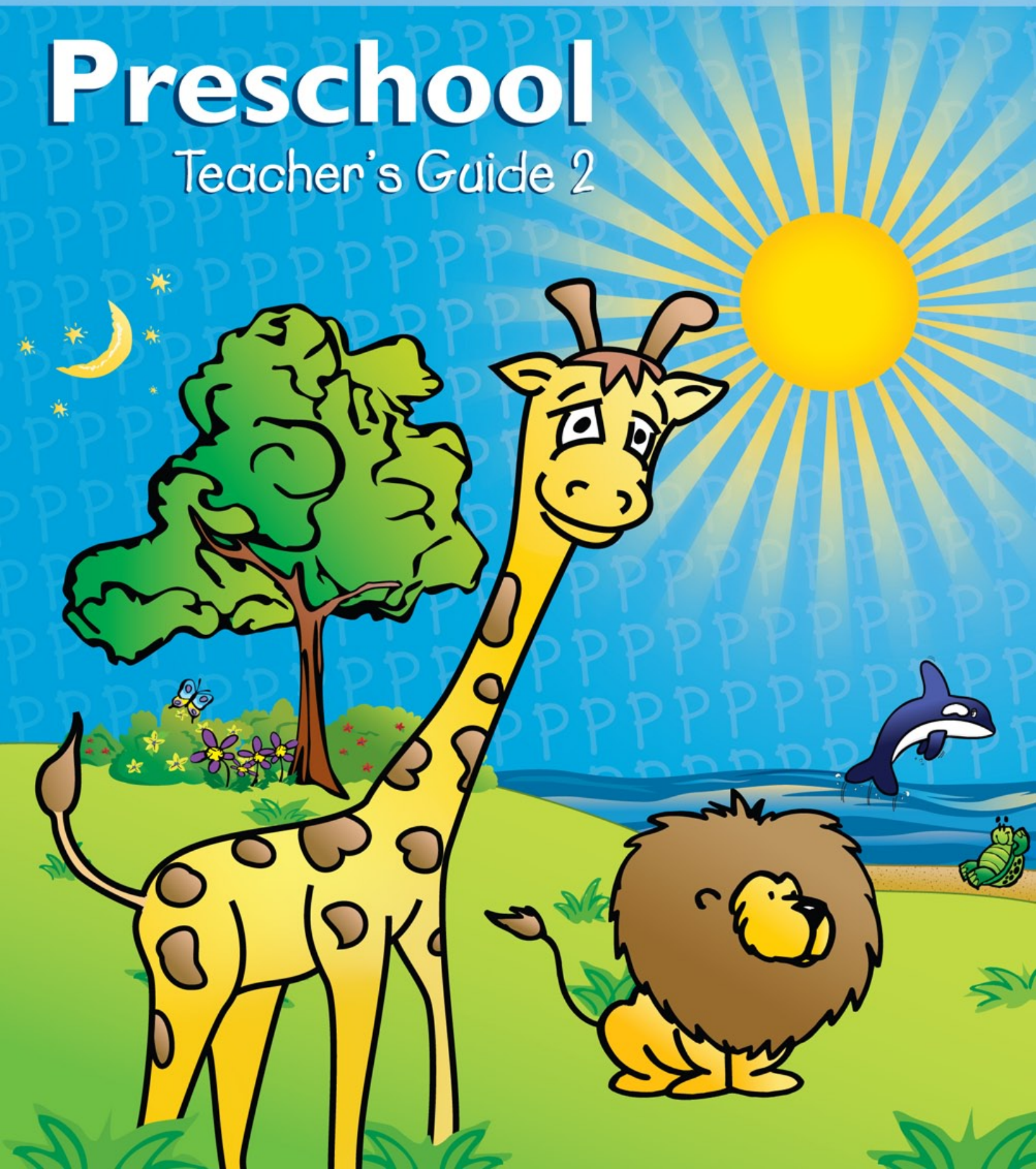


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Scheduling Suggestions

The difficult thing about scheduling is that each day is different. Science might take ten minutes on Monday and forty minutes on Thursday. Wednesday might include music while Friday has no music. These schedule plans are merely to be guidelines or suggestions. Use them with much flexibility.

HALF-DAY SCHEDULE

9:00 Bible Time
9:20 Social Studies/Science/Language Arts
10:00 Snack
10:15 Recess/Play break
10:30 Phonics/Memory Verse
10:45 Music/Physical Education/Health & Safety
11:00 Math
11:30 Arts & Crafts/Outdoor activity
12:00 Dismiss

ALL-DAY SCHEDULE

9:00 Bible Time
9:20 Social Studies/Science/Language Arts
10:00 Snack
10:15 Recess/Play break
10:30 Phonics/Memory Verse
11:00 Music/Physical Education
11:30 Math
12:00 Lunch break
12:20 Recess/Play break
12:50 Reading
1:20 Arts & Crafts
1:40 Health & Safety/Outdoor activity
2:00 Dismiss

Preparing Ahead: *Horizons Preschool* helps you prepare ahead by *ITALICIZING* things that need to be done ahead of school time.

Naptime: Many preschool children will need a time to rest if they are involved in an all-day program. This is an excellent time to read a story to the children. You can also review the shapes of figures, letters or numbers by drawing them on the ceiling with a flashlight while the room is dark. Each student should have a rug, mat or blanket on which to lie down on the floor.

Cubbies: Each student should have his own cubby or box in which to store his crayons, scissors, counters, shapes, flashcards, etc. Students may need both a cubby and a pencil box. If the cubbies are large enough they can store sleeping mats, jackets, etc. in them.

Lesson 136

Week 28: Day 1

Activities in this Lesson: Bible Lesson, Social Studies/Science, Science, Language Arts, Phonics, Reading, Writing, Memory Verse, Math, Story Time, Music, Health & Safety, Physical Education

Bible Reference: Genesis 1:26-27.

Bible Concept to Present: God made us to have cells.

Bible Lesson: God knew exactly what he was doing when He made us. He put within our bodies little organisms called cells. These cells do many things for our bodies. One thing they do is help us to grow bigger. I know you want to grow bigger each day, and one way you can do that is to eat good food, so your cells can work right in your body. All living things are made of cells. These cells do all their work without you even feeling anything. Wasn't God great to make cells to work inside of our bodies too?

Social Studies/Science: Explain to your students the various cells in our body, what each type looks like, and how they divide. Lesson 136b Science worksheet illustrates the various cells. Talk about the fact that when cells divide, we grow. Our cells are constantly growing, dividing and dying. Skin cells rub off all the time. When God made our cells, He made them to know what kind of cell they were. Skin cells are always skin cells and they know that they work on the outside of our body. This information is to be introduced only. Retention is not expected.

Do the Lesson 136b Science worksheet. Briefly discuss the layers of the skin. Discuss how cells grow and divide to produce new cells. Discuss the different types of cells. Instruct the students to lightly color the cells on the worksheet with red and purple colors. Set Lesson 136b Science worksheet aside to use again in Lesson 137.

Science: *Bring two clear plastic 8 oz cups, sugar and a package of dry yeast to class. We are going to conduct an experiment on yeast. Yeast grows as individual cells. Yeast is alive and must have the four requirements for living things. Let the students help set up the experiment.*

Make sure the plastic cups are clean. Open the yeast packet and pour half of the yeast into each cup. Add two tablespoons of warm water, not hot, to each cup. Add one teaspoon sugar to each cup. Stir gently. Are the four requirements for life met? Sugar = food. Water. Cup = shelter. Air = in the water and above the water. So the four requirements are met. Now, put one cup on the counter and one in the refrigerator. We will come back later to see what happens.

Go back to see what is happening with the yeast. These yeast cells are living things. Did it make a difference when they were too cold? How fast do they grow? What does yeast smell like? Explain that yeast is used to make bread. It is what makes the bread soft and fluffy. Save the cups for observation over the next several days.

With *another package of dry yeast*, make the yeast/water/sugar mixture again. Pour the yeast liquid into a plastic two liter bottle. Stretch a balloon over the top of the bottle opening. Set the bottle in a bowl of warm water. Watch what happens. As the yeast feeds on the sugar, carbon dioxide is released. This gas makes bubbles; the bubbles pop and fill the balloon.

Lesson 159

Week 32: Day 4

Activities in this Lesson: Bible Lesson, Social Studies/Science, Language Arts, Phonics, Reading, Writing, Memory Verse, Math, Story Time, Music, Arts & Crafts, Health & Safety, Physical Education

Bible Reference: Genesis 1:26-27.

Bible Concept to Present: We are responsible for caring for God's wonderful gift.

Bible Lesson: God has been so good to us. He has given us everything we could ever need or want. It is really a miracle that He made us as He did. Because God took so much time to make us, don't you think we should give something to Him? It is very important to take care of our bodies, minds and souls. God doesn't want us to waste anything that He has given us. He wants you to use your brains, muscles and whole body for Him. We belong to God. We must do what He wants us to do.

Social Studies/Science: It is important to keep our bodies clean and safe. We should never put anything into or on our bodies that would harm them. The items that we clean with are not to be played with or eaten. Poisonous substances found in the home like bleach, kitchen cleanser, and furniture polish are harmful to our body. We must never play with medicines that belong to anyone, as they could make us very sick. Only take medicine or pills given to you by a parent or grandparent. Prescription medicine only helps the person that the doctor has given it to; it may be harmful to anyone else who takes it. We belong to God. We must take care of ourselves. Let's all make a promise right now that we will never drink anything or take any pill that our parents don't know about. If another student gives you something to eat that you don't recognize make sure that you show it to an adult first before you eat it. We will never put smoke into our lungs by smoking cigarettes.

Language Arts: Bring some detergents, medicines, and some good food to class. Ask your students, in the form of a game, what should be eaten. Be sure and keep an eye on the detergents. This will help make the poisons vs. good food theme a reality.

Continue with the "Secret Angel" project started in Lesson 157.

Phonics: Review the initial short sound of Uu. Review the initial sounds of Aa-Tt. Review letter recognition Aa-Zz.

Have the students brainstorm words that begin or include the letter Uu. Write these words on the board. Model the correct letter formation as you write the letters on the board. The students should practice forming the letter Uu on a blank sheet of paper. Students who are ready can practice copying complete words from the board.

Do the Lesson 159 Phonics worksheet. The Short Sound of Uu. Review the letter sound with the picture and words on the worksheet. Ask the students for other words that begin with the same sound. Trace the letters and say the short sound of Uu. Observe the students as they trace the letters and help them with the letter strokes. If you have the students do one row at a time, the worksheet can be carried over to various parts of the day or another day.

Lesson 172

Week 35: Day 2

Activities in this Lesson: Bible Lesson, Social Studies, Science, Language Arts, Phonics, Reading, Writing, Memory Verse, Math, Story Time, Social Studies, Language Arts

Bible Reference: Genesis 3.

Bible Concept to Present: Adam and Eve chose to disobey the rule God had given them.

Bible Lesson: Adam and Eve continued to live very happily in the Garden of Eden. They could eat from any tree or plant that they wanted to, except the one tree called the Tree of Knowledge of Good and Evil. One day Eve decided to try the fruit from that tree. She even convinced Adam to taste of the fruit. After they had eaten from that tree, they knew they had done something wrong. The Bible says that they hid from God. God found them and was very unhappy that they had broken the one rule of their home. God does not want us to break His rules either.

Anytime one of God's rules is broken, it is called sin. Adam and Eve had to feel bad about breaking God's rule. When we break a rule, we should feel bad, too. When we break a rule, we have to have some sort of discipline given to us so that we will remember not to sin again. God was very unhappy that Adam and Eve had broken His rule. Anytime we disobey, God is not happy with us. He still loves us, but He is not happy.

Many things changed after Adam and Eve disobeyed God. Adam and Eve had to leave that beautiful garden because they had sinned. Adam had to work every day now, instead of just playing with the animals. God also decided that since Adam sinned, He would cause man to die. Man could not live forever from then on. Eve had to do what Adam said now. She would bear children in pain (optional to present). Adam and Eve's lives changed very much when they sinned. We must always remember to love God enough and try not to do wrong things.

Multimedia Resources: Listen to the song "Nathaniel's Song" from the "Nathaniel the Grublet" CD.

Social Studies: *Print the five laws below on poster board.* All of us sin. Sin is disobeying God's rules. God gave us specific rules to obey. The following is a list of just some of the rules God has given us.

1. Love God and put Him first.
2. Never say words that make fun of God's name.
3. Always tell the truth.
4. Never take anything that does not belong to you.
5. Always obey your parents.

God set these rules so we do not hurt ourselves and others. We should always obey God, and then we don't have to worry about hurting God if we disobey Him. God is not happy with us when we break his rules. He will punish those that sin. If we love God, as He loves us, we will not sin. When Adam and Eve sinned, things changed. They could no longer live in their beautiful home God had made for them. They no longer talked with God every day. A very special friendship between them and God was ruined. When we sin, we hurt other people.

Lesson 180

Week 36: Day 5 PARTY DAY!

Activities in this Lesson: Arts & Crafts, Creative Cooking

CONGRATULATIONS! What a lot of wonderful work you have done! Think about all of the things you have learned this year. If the Creation Mural is still available, post it where everyone can see it. Put up the rainbow art that students made.

Arts & Crafts: Decorate the Rainbow Table. Give the students markers and instruct them to draw flowers, a sun, birds, bugs or anything they remember about God's Creation. Show them the colors of the rainbow and let them color the stripes.

Invite parents to the party. Ask them to bring a snack to share.

Find paper plates and cups in a rainbow design, to match the centerpiece table.

Give each student a reward in a rainbow design: a key chain, eraser, sucker, pencil, bookmark, or coloring book.

Invite the students to share any memory verses they can remember. This is for volunteers only.

Go to the Creation Mural and let the students talk about each day of Creation and all that they learned.

Arts & Crafts: Cut up many colors of construction paper into various sizes and shapes. Divide the pieces of paper into little cups for each student.

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